



Annemiek Tuinhof de Moed: *“After a BA in Graphic Design an MA in Critical Organization & Intervention Studies and international work experiences in both domains, I developed a multidisciplinary approach which I put into practice to foster inclusion of e.g. people with dementia and carers into the healthcare system and society.”*

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- 2018 - present **Stichting Mantelzorg & Dementie, Amsterdam / Caregivers & Dementia Foundation**
Project and network coordinator
- Network coordination dementia care organizations district West/New-West/Center
 - Coordination reporting point casemanagement dementia districts W/NW/C
 - Coordination/initiation/organisation projects & partnerships: e.g. (Dementia)Friendly Route collaboration of 25 welfare/care partners 2022
Collaboration with artists + persons with dementia and caregivers resulting in exhibition Keep the Flame! at Galerie Beeldend Gesproken 2021
Masterclass, discussion, workshops and exhibition C. Greenblat 2020
 - Public Relations, e.g. flyers, catalogues website content, photography and design: www.mantelzorgendementie.nl
- 2020 - present **Amstelring, Amsterdam**
Chairperson client counsel at de Klinker and Scala residential facilities for the elderly
- 2018 - present **Alzheimer Netherlands, Amsterdam department**
Client Advocate, Moderator Alzheimer Cafe Amsterdam West, Board member
- 2018 - present **Stadstrainers, Rotterdam / City Trainers**
City trainer
- Storytelling, photography projects to departments in nursing homes and elderly
- 2016 - 2018 **Kennemerhart, Haarlem**
Coordinator meeting center Tuindershart
- Developing and implementing Dutch Meeting Center model which combines day services for people with dementia with carer support.
- 2016 - present **Yoga Innerwork, Haarlem**
Yoga instructor
- Yin, Hatha, Prenatal class, weekly classes
- 2014 - 2015 **University of Humanistic Studies, Utrecht**
Teaching assistant
- Dr. R. van Boeschoten, Organization Research & Advice in a Humanistic Perspective
- 2005 - 2011 **University for Humanistic Studies, Internships, part-time work, graduation project**
- Intern Dutch Embassy, Rabat and PCZ dept. for 1st Dutch Film Festival.
 - Intern Siana: Semaine Internationale des Arts Numériques & Alternatifs, Paris
 - Administrative support Humanitas, Humanist Association.
 - Graduation project ‘Khôra for difference. Don't mess with Mister in Between’
- 2001 - 2005 **Graphic designer**
- Paris: Lidewij Edelkoort (house styles, magazines, presentations)
 - Paris: Musée d'Orsay (exhibitions, posters, brochures)
 - Berlin: Art stipend from Pépinières Européennes pour les Jeunes Artistes

Education

2005-2011	Critical Organization and Intervention Studies University of Humanistic Studies, Utrecht	MA
2005-2006	Minor University of Humanistic Studies, Utrecht	Certificaat
1996-2000	Graphic Design Art Academy Minerva, Groningen	BA
1990-1996	VWO, pre-university secondary education Hondsrug college, Emmen	Diploma

Courses

Year	Course	Organization	Status
2022	Yoga Nidra Teacher Training	Diana Aben	Certificate
2021	Management in Regional Care Networks	Erasmus University Rotterdam	certificate
2020	Connective Communication	Expertise Center Dementia Vlaanderen	certificate
2020	Training Dutch Meeting Centers 3.0	Amsterdam UMC	certificate
2019	Training Moderator Part 1	Alzheimer Netherlands	N/A
2018	Connective Communication	Introduction course	certificate
2016	Prenatal Teacher Training	Birthlight, Yoga Moves, Utrecht	certificate
2016	Yin/Insight Sarah Powers	Tri Yoga, London	certificate
2016	Yoga for Seniors Teacher Training	Balance Yoga, Frankfurt	certificate
2016	Yin Yoga Teacher Training	de Nieuwe Yogaschool, Amsterdam	certificate
2015	Prison Yoga ¹ Teacher Training	Delight Yoga, Amsterdam	certificate
2015	Yin Yoga Teacher Training ²	Balance Yoga, Frankfurt	certificate

Languages

Dutch, English, French, German, Modern Greek (the latter at A1 level)

Interventions

- Yoga class SAXION 'Tribe' students as part of team building for 1st year's (2020), 'Digital Detox' (2018)
- Performance Herbergen Foundation, Open Monuments Days (2014)
- Presentation Good Work: The Ethics of Craftsmanship, University of Humanistic Studies (2012)
- Installation 'Khôra for difference. Don't mess with Mister in Between', Utrecht (16/12/2011)
- Public intervention commissioned by Humanistic Alliance, Amsterdam (24/03/2011)
- Opening speech Herbergen, 'Kunst10Daagse', Bergen 2010
- Exhibition photos during the Seminar 'Knowledge and Intuition' at AMC Amsterdam (2010)
- Publication: Ed. Houweling, L., Kuiper, C., Letiche, H. (2010) Applied research in practice. The Hague: Boom/Lemma. Chapter 2 'I WISH' Tuinhof de Moed, A.
- Guest speaker SIANA 2009 Title: Imagination for Humanization, Paris (2009)
- Guest speaker 'Pratique des méthodes qualitatives de recherches: ficelles du métier, methods innovantes et perspectives spécifiques'. Telecom & Management, Paris 2009

¹ Workshop with James Fox, director of Prison Yoga Project.

² Workshop with Jo Phee on Yin Yoga and TCM.